

September 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			10:00 AM CARDIO WORKOUT 10:30 AM BALL TOSS 11:00 AM SING-A-LONG WITH IDA 1:30 PM BINGO! 3:00 PM STORY IN THE ROUND: THE MAN IN THE RED BRICK HOUSE 4:00 PM RELAX & COLOR 6:00 PM EVENING MOVIE	10:00 AM MORNING EXERCISE 10:30 AM NOODLEBALL 11:00 AM BOOK CLUB <i>DEAR JOHN</i> (Chapters 1-7) 1:30 PM BINGO! 3:00 PM ART CLASS: ACRYLIC LANDSCAPE 4:00 PM BUBBLES AND BACH 6:00 PM EVENING MOVIE	10:00 AM SITTCERIZE 10:30 AM NOODLE DRUMMING 11:00 AM THE DAILY LIFE OF A FARMER 1:30 PM BINGO! 3:00 PM Wii BOWLING 4:00 PM GIANT JIGSAW PUZZLES 6:00 PM EVENING MOVIE	10:00 AM IN KENSINGTON 10:45 AM WEEKEND WAKE-UP STRETCH 11:00 AM HYDRATION / SNACK DEVOTIONAL AND HYMNS WITH ROGER BRAIN JAR IN CRAFT ROOM 1:30 PM BINGO 2:45 PM SHARON'S SHORT STORIES 6:30 PM JOHN'S SATURDAY NIGHT AT THE MOVIES
ACTIVITIES IN KENSINGTON 5	6	7	8	9	10	11
9:30 AM GOOD MORNING VISITS 10:00 AM SUNDAY MORNING STRETCH 10:45 AM HYDRATION / SNACK 11:00 AM SPIRITUAL ELDERCARE WORSHIP AND HYMNS NOON BUILDING TOGETHER 1:30 PM SIT & SCHMOOZE 2:00 PM NON-DENOMINATIONAL SUNDAY DEVOTIONAL AND DISCUSSION 2:30 PM FUZION FITNESS	10:00 AM CREATIVE CRAFTS! 11:00 AM MORNING STRETCH 11:30 AM LEARNING ABOUT LABOR DAY (AC) 1:30 PM BINGO! 3:00 PM LABOR DAY TRIVIA 3:30 PM THE WORKPLACE: AN EVER-CHANGING PLACE 6:00 PM EVENING MOVIE Labor Day	10:00 AM STRONGER SENIORS STRETCH 11:00 AM DEVOTIONAL AND HYMNS WITH ROGER NOON STAFF WEBINAR 1:30 PM BINGO! 3:00 PM SOUTHERN CHARM: HISTORY OF COTILLIONS & DEBUTANTES 3:30 PM EXERCISE WITH PAUL EUGENE 4:00 PM COLOR BY NUMBERS 6:00 PM MOVIE KNIGHT Rosh Hashanah	10:00 AM CARDIO WORKOUT 10:30 AM MINI MANI'S WITH MELISSA <i>Providence Home Health</i> 11:00 AM SING-A-LONG WITH IDA 1:30 PM BINGO! 3:00 PM COOKIE DECORATING WITH MARTHA 3:45 PM DANCE YOGA 4:00 PM RELAX & COLOR 6:00 PM EVENING MOVIE	10:00 AM MORNING EXERCISE 10:30 AM NOODLEBALL 11:00 AM BOOK CLUB <i>DEAR JOHN</i> (Chapters 8-14) 1:30 PM BINGO! 3:00 PM ART CLASS: POPSICLE STICK SCARECROW 4:00 PM RESIDENT LED DOMINOES 6:00 PM EVENING MOVIE	10:00 AM SITTCERIZE 10:30 AM NOODLE DRUMMING 11:00 AM MUSIC THERAPY WITH PAM HAYNIE 1:30 PM BINGO! 3:00 PM Wii BOWLING 4:00 PM GIANT JIGSAW PUZZLES 6:00 PM EVENING MOVIE	10:00 AM IN KENSINGTON 10:45 AM WEEKEND WAKE-UP STRETCH 11:00 AM HYDRATION / SNACK 11:00 AM MOMENT OF SILENCE IN MEMORY OF 9/11 DEVOTIONAL AND HYMNS WITH ROGER BRAIN JAR IN CRAFT ROOM 1:30 PM BINGO 2:45 PM SHARON'S SHORT STORIES 6:30 PM JOHN'S SATURDAY NIGHT AT THE MOVIES PATRIOTS DAY
ACTIVITIES IN KENSINGTON 12	13	14	15	16	17	18
9:30 AM GOOD MORNING VISITS 10:00 AM GRANDPARENT'S DAY SUNDAY BRUNCH NOON BUILDING TOGETHER 1:30 PM SIT & SCHMOOZE 2:00 PM FUN AND GAMES WITH GRANDPARENTS Grandparents Day	10:00 AM CREATIVE CRAFTS! 11:00 AM MORNING STRETCH 11:30 AM NOODLEBALL 1:30 PM BINGO! 3:00 PM CELEBRATION OF OUR MANAGEMENT TEAM WITH CUPCAKES & PUNCH 3:30 PM RESIDENT LED TABLE GAMES 4:00 PM EVENING MOVIE NAT'L ASSISTED LIVING WEEK	10:00 AM STRONGER SENIORS STRETCH 11:00 AM DEVOTIONAL AND HYMNS WITH ROGER 1:30 PM BINGO! 3:00 PM CELEBRATION OF OUR STAFF WITH COOKIES & PUNCH 4:00 PM COLOR BY NUMBERS 6:00 PM MOVIE KNIGHT NAT'L ASSISTED LIVING WEEK	10:00 AM CARDIO WORKOUT 10:30 AM BALL TOSS 10:30 AM ART CAR MUSEUM AND BBQ LUNCH (TENTATIVE) 11:00 AM SING-A-LONG WITH IDA 1:30 PM BINGO! 3:00 PM CELEBRATION OF OUR VOLUNTEERS CHOCOLATE & FRUIT 4:00 PM RELAX & COLOR 6:00 PM EVENING MOVIE NAT'L ASSISTED LIVING WEEK	10:00 AM 15 MINUTE STRETCH 10:30 AM RESIDENT BIRTHDAY PARTY WITH RODNEY RASBERRY 1:30 PM BINGO! 3:00 PM BOOK CLUB <i>DEAR JOHN</i> (Chapters 15-20) 4:00 PM RESIDENT LED DOMINOES 6:00 PM EVENING MOVIE Yom Kippur NAT'L ASSISTED LIVING WEEK	10:00 AM SITTCERIZE 10:30 AM NOODLE DRUMMING 11:00 AM HEALTH & WELLNESS WITH SENIOR SOLUTIONS 1:30 PM BINGO! 3:00 PM CELEBRATION OF OUR RESIDENTS WITH BANANA SPLITS 4:00 PM GIANT JIGSAW PUZZLES 6:00 PM EVENING MOVIE NAT'L ASSISTED LIVING WEEK	10:00 AM IN KENSINGTON 10:45 AM WEEKEND WAKE-UP STRETCH 11:00 AM HYDRATION / SNACK DEVOTIONAL AND HYMNS WITH ROGER BRAIN JAR IN CRAFT ROOM 1:30 PM BINGO 2:45 PM SHARON'S SHORT STORIES 6:30 PM JOHN'S SATURDAY NIGHT AT THE MOVIES Oktoberfest Begins
ACTIVITIES IN KENSINGTON 19	20	21	22	23	24	25
9:30 AM GOOD MORNING VISITS 10:00 AM SUNDAY MORNING STRETCH 10:45 AM HYDRATION / SNACK 11:00 AM SPIRITUAL ELDERCARE WORSHIP AND HYMNS NOON BUILDING TOGETHER 1:30 PM SIT & SCHMOOZE 2:00 PM NON-DENOMINATIONAL SUNDAY DEVOTIONAL AND DISCUSSION 2:30 PM FUZION FITNESS	10:00 AM CREATIVE CRAFTS! 11:00 AM MORNING STRETCH 11:30 AM NOODLEBALL 1:30 PM BINGO! 3:00 PM PICTURE THIS! 3:30 PM CHAIR YOGA / TAI CHI 4:00 PM RESIDENT LED TABLE GAMES 6:00 PM EVENING MOVIE	10:00 AM STRONGER SENIORS STRETCH 11:00 AM DEVOTIONAL AND HYMNS WITH ROGER 1:30 PM BINGO! 3:00 PM DRAMA CLUB: IT HAD TO BE YOU 3:30 PM CHAIR YOGA WITH SHERRY ZAK MORRIS 4:00 PM COLOR BY NUMBERS 6:00 PM MOVIE KNIGHT	10:00 AM RESIDENT COUNCIL MEETING 11:00 AM SING-A-LONG WITH IDA 1:30 PM BINGO! 3:00 PM THE BENEFITS OF CURIOSITY (AC) 3:45 PM DANCE YOGA 4:00 PM RELAX & COLOR 6:00 PM EVENING MOVIE Autumn Begins	10:00 AM MORNING EXERCISE 10:30 AM NOODLEBALL 11:00 AM BOOK CLUB <i>THE GIFT</i> (Chapters 1 - 3) 1:30 PM BINGO! 3:00 PM ICE CREAM SOCIAL by: Star of Texas Hospice 4:00 PM RESIDENT LED DOMINOES 6:00 PM EVENING MOVIE	10:00 AM SITTCERIZE 10:30 AM NOODLE DRUMMING 11:00 AM BIBLE STUDY: SOUND ADVICE FROM THE BOOK OF PROVERBS 1:30 PM BINGO! 3:00 PM Wii BOWLING 4:00 PM GIANT JIGSAW PUZZLES 6:00 PM EVENING MOVIE	10:00 AM IN KENSINGTON 10:45 AM WEEKEND WAKE-UP STRETCH 11:00 AM HYDRATION / SNACK DEVOTIONAL AND HYMNS WITH ROGER BRAIN JAR IN CRAFT ROOM 1:30 PM BINGO 2:45 PM SHARON'S SHORT STORIES 6:30 PM JOHN'S SATURDAY NIGHT AT THE MOVIES
ACTIVITIES IN KENSINGTON 26	27	28	29	30	30	
9:30 AM GOOD MORNING VISITS 10:00 AM SUNDAY MORNING STRETCH 10:45 AM HYDRATION / SNACK 11:00 AM SPIRITUAL ELDERCARE WORSHIP AND HYMNS NOON BUILDING TOGETHER 1:30 PM SIT & SCHMOOZE 2:00 PM NON-DENOMINATIONAL SUNDAY DEVOTIONAL AND DISCUSSION 2:30 PM FUZION FITNESS	10:00 AM CREATIVE CRAFTS! 11:00 AM MORNING STRETCH 11:30 AM NOODLEBALL 1:30 PM BINGO! 3:00 PM MINDJOGGERS 3:30 PM CHAIR YOGA / TAI CHI 4:00 PM RESIDENT LED TABLE GAMES 6:00 PM EVENING MOVIE	10:00 AM STRONGER SENIORS STRETCH 11:00 AM DEVOTIONAL AND HYMNS WITH ROGER 1:30 PM BINGO! 3:00 PM RAY CHARLES: FATHER OF SOUL (AC) 3:30 PM SPIRO 100 CHAIR DANCING 4:00 PM COLOR BY NUMBERS 6:00 PM MOVIE KNIGHT	10:00 AM CARDIO WORKOUT 10:30 AM BALL TOSS 11:00 AM SING-A-LONG WITH IDA 1:30 PM BINGO! 3:00 PM SIX SEMINOL SOULS IN SAVANNAH: A SHORT STORY 3:45 PM DANCE YOGA 4:00 PM RELAX & COLOR 6:00 PM EVENING MOVIE	10:00 AM MORNING EXERCISE 10:30 AM NOODLEBALL 11:00 AM BOOK CLUB <i>THE GIFT</i> (Chapters 4 - 7) 1:30 PM BINGO! 3:00 PM CELEBRATING AUTUMN WITH THE SWEET SOUNDS OF BLANE FAUL 4:00 PM RESIDENT LED DOMINOES 6:00 PM EVENING MOVIE	ASSISTED LIVING COMMUNITY 	

* PROGRAMS SUBJECT TO CHANGE