

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# December 2020

## KENSINGTON A MEMORY ENHANCEMENT COMMUNITY

		<p><b>1</b></p> <p>9:30 AM BERT'S CURRENT EVENTS AND DAILY CHRONICLE 10:00 AM MORNING DEVOTIONAL 10:30 AM HYMNS 11:00 AM SNACK/HYDRATION 11:30 AM CRAFTS: HOLIDAY CARDS 1:30 PM BINGO 2:30 PM NOSH AND LEARN: VEGGIE DIP CUPS AND "THE POLAR EXPRESS" 3:30 PM AFTERNOON STRETCH</p>	<p><b>2</b></p> <p>9:30 AM BERT'S CURRENT EVENTS AND DAILY CHRONICLE 10:00 AM EXERCISE PROGRAM 10:30 AM NOODLEBALL 11:00 AM SNACK/HYDRATION 11:30 AM SING-A-LONG 1:30 PM BINGO 2:30 PM LET'S BAKE: PEPPERONI PASTRIES 3:30 PM CHAIR DANCING</p>	<p><b>3</b></p> <p>9:30 AM BERT'S CURRENT EVENTS AND DAILY CHRONICLE 10:00 AM EXERCISE PROGRAM 10:30 AM BALL TOSS 11:00 AM SNACK/HYDRATION 11:30 AM SHORT STORY: "THE FIR TREE" BY HANS CHRISTIAN ANDERSON 1:30 PM BINGO 2:30 PM ICE CREAM SOCIAL KING KONES AND DECEMBER TRIVIA 3:30 PM AFTERNOON STRETCH</p>	<p><b>4</b></p> <p>9:30 AM BERT'S CURRENT EVENTS AND DAILY CHRONICLE 10:00 AM PRIORITY ONE EXERCISE 11:00 AM SNACK/HYDRATION 11:30 AM "THE LITTLE DRUMMER BOY" BINGO 1:30 PM FRIDAY FOLLIES: MAKING MUSIC 2:30 PM AFTERNOON STRETCH 3:30 PM FRIDAY NIGHT MOVIE: "THE CHRISTMAS CHRONICLES" (NETFLIX) 6:30 PM</p>	<p><b>5</b></p> <p>10:00 AM MORNING EXERCISE 10:45 AM SNACK/HYDRATION 11:00 AM PENCIL ART 2:30 PM BINGO 3:30 PM SHARON'S SHORT STORIES 4:00 PM JIGSAW PUZZLES</p>
<p><b>6</b></p> <p>10:15 AM MORNING EXERCISE 10:30 AM NOODLEBALL 11:00 AM COVENANT CHURCH (TV) 11:00 AM SNACK/HYDRATION 1:30 PM DEVOTIONAL 2:00 PM HYMNS 2:30 PM AFTERNOON STRETCH 3:00 PM BLOCKS AND PUZZLES 3:30 PM VISIT AND CHAT</p>	<p><b>7</b></p> <p>9:30 AM BERT'S CURRENT EVENTS AND DAILY CHRONICLE 10:00 AM EXERCISE PROGRAM 10:30 AM PARACHUTE 11:00 AM SNACK/HYDRATION 11:30 AM WWII-ATTACK ON PEARL HARBOR (YT) 1:30 PM BINGO 2:30 PM MINDJOGGERS 3:30 PM CHAIR ZUMBA GOLD 6:30 PM MOVIE: TORA TORA TORA (YT)  PEARL HARBOR DAY HAPPY BIRTHDAY JANIS CERNAN</p>	<p><b>8</b></p> <p>9:30 AM BERT'S CURRENT EVENTS AND DAILY CHRONICLE 10:00 AM MORNING DEVOTIONAL 10:30 AM HYMNS 11:00 AM SNACK/HYDRATION 11:30 AM CRAFTS: ORNAMENTS 1:30 PM BINGO 2:30 PM NOSH AND LEARN: CHEESE AND CRACKERS RICK STEVES' EUROPEAN CHRISTMAS 3:30 PM AFTERNOON STRETCH</p>	<p><b>9</b></p> <p>9:30 AM BERT'S CURRENT EVENTS AND DAILY CHRONICLE 10:00 AM EXERCISE PROGRAM 10:30 AM NOODLEBALL 11:00 AM SNACK/HYDRATION 11:30 AM SING-A-LONG 1:30 PM BINGO 2:30 PM HISTORY OF HANUKKAH 3:30 PM CHAIR DANCING</p>	<p><b>10</b></p> <p>9:30 AM BERT'S CURRENT EVENTS AND DAILY CHRONICLE 10:00 AM EXERCISE PROGRAM 10:30 AM BALL TOSS 11:00 AM SNACK/HYDRATION 11:30 AM SHORT STORY: A KIDNAPPED SANTA CLAUS 1:30 PM BINGO 2:30 PM ICE CREAM SOCIAL BANANA SPLITS AND SANTA TRIVIA 3:30 PM AFTERNOON STRETCH  Hanukkah Begins at Sunset</p>	<p><b>11</b></p> <p>9:30 AM BERT'S CURRENT EVENTS AND DAILY CHRONICLE 10:00 AM PRIORITY ONE EXERCISE 11:00 AM SNACK/HYDRATION 11:30 AM BRAIN JAR 1:30 PM BINGO 2:30 PM FRIDAY FOLLIES: NOODLE DRUMMING 3:30 PM AFTERNOON STRETCH 6:30 PM FRIDAY NIGHT MOVIE: "THE LEGEND OF FROSTY THE SNOWMAN" (YT)</p>	<p><b>12</b></p> <p>10:00 AM MORNING EXERCISE 10:45 AM SNACK/HYDRATION 11:00 AM PENCIL ART 2:30 PM BINGO 3:30 PM SHARON'S SHORT STORIES 4:00 PM JIGSAW PUZZLES</p>
<p><b>13</b></p> <p>10:15 AM MORNING EXERCISE 10:30 AM NOODLEBALL 11:00 AM COVENANT CHURCH (TV) 11:00 AM SNACK/HYDRATION 1:30 PM DEVOTIONAL 2:00 PM HYMNS 2:30 PM AFTERNOON STRETCH 3:00 PM BLOCKS AND PUZZLES 3:30 PM VISIT AND CHAT</p>	<p><b>14</b></p> <p>9:30 AM BERT'S CURRENT EVENTS AND DAILY CHRONICLE 10:00 AM EXERCISE PROGRAM 10:30 AM PARACHUTE 11:00 AM SNACK/HYDRATION 11:30 AM THE 12 DAYS OF CHRISTMAS 1:30 PM BINGO 2:30 PM MINDJOGGERS 3:30 PM CHAIR ZUMBA GOLD 6:30 PM MOVIE: DICKENS-A CHRISTMAS CAROLE (YT)</p>	<p><b>15</b></p> <p>9:30 AM BERT'S CURRENT EVENTS AND DAILY CHRONICLE 10:00 AM MORNING DEVOTIONAL 10:30 AM HYMNS 11:00 AM SNACK/HYDRATION 11:30 AM CRAFTS: STOCKINGS 1:30 PM BINGO 2:30 PM <b>IL CAROLERS AND SING-A-LONG</b> 3:30 PM AFTERNOON STRETCH</p>	<p><b>16</b></p> <p>9:30 AM BERT'S CURRENT EVENTS AND DAILY CHRONICLE 10:00 AM EXERCISE PROGRAM 10:30 AM <b>STAFF HOLIDAY SHOW</b> 11:30 AM SING-A-LONG 1:30 PM BINGO 2:30 PM LET'S BAKE: SPICED HOT APPLE CIDER 3:30 PM CHAIR DANCING</p>	<p><b>17</b></p> <p>9:30 AM BERT'S CURRENT EVENTS AND DAILY CHRONICLE 10:00 AM EXERCISE PROGRAM 10:30 AM <b>RESIDENT BIRTHDAY PARTY WITH RODNEY RASBERRY</b> 1:30 PM BINGO 2:30 PM ICE CREAM SOCIAL ROOT BEER FLOATS AND WINTER TRIVIA 3:30 PM AFTERNOON STRETCH</p>	<p><b>18</b></p> <p>9:30 AM BERT'S CURRENT EVENTS AND DAILY CHRONICLE 10:00 AM PRIORITY ONE EXERCISE 11:00 AM SNACK/HYDRATION 11:30 AM BRAIN JAR 11:45 AM ACTIVITY STAFF LUNCHEON 1:30 PM BINGO 2:30 PM FRIDAY FOLLIES: NOODLE DRUMMING 3:30 PM AFTERNOON STRETCH 6:30 PM FRIDAY NIGHT MOVIE: "CHRISTMAS IN THE SMOKIES" (NETFLIX)</p>	<p><b>19</b></p> <p>10:00 AM MORNING EXERCISE 10:45 AM SNACK/HYDRATION 11:00 AM PENCIL ART 2:30 PM BINGO 3:30 PM SHARON'S SHORT STORIES 4:00 PM JIGSAW PUZZLES</p>
<p><b>20</b></p> <p>11:00 AM COVENANT CHURCH (TV) 11:00 AM SNACK/HYDRATION 1:30 PM SUZIE Q HYMNS 2:30 PM AFTERNOON STRETCH 3:00 PM BLOCKS AND PUZZLES 3:30 PM VISIT AND CHAT</p>	<p><b>21</b></p> <p>9:30 AM BERT'S CURRENT EVENTS AND DAILY CHRONICLE 10:00 AM EXERCISE PROGRAM 10:30 AM PARACHUTE 11:00 AM SNACK/HYDRATION 11:30 AM LITTLE BEAR/SNOWBALL FIGHT /WINTER SOLSTICE (YT) 1:30 PM BINGO 2:30 PM MINDJOGGERS 3:30 PM CHAIR ZUMBA GOLD 6:30 PM MOVIE: WHITE CHRISTMAS (YT)  Winter Begins</p>	<p><b>22</b></p> <p>9:30 AM BERT'S CURRENT EVENTS AND DAILY CHRONICLE 10:00 AM MORNING DEVOTIONAL 10:30 AM HYMNS 11:00 AM SNACK/HYDRATION 11:30 AM CRAFTS: SNOWSCAPES 1:30 PM BINGO 2:30 PM NOSH AND LEARN: EGG SALAD EN CROUTE "CHRISTMAS IN VIENNA - THE THREE TENORS" 3:30 PM AFTERNOON STRETCH</p>	<p><b>23</b></p> <p>9:30 AM BERT'S CURRENT EVENTS AND DAILY CHRONICLE 10:00 AM EXERCISE PROGRAM 10:30 AM NOODLEBALL 11:00 AM SNACK/HYDRATION 11:30 AM SING-A-LONG 1:30 PM BINGO 2:30 PM LET'S BAKE: HOLIDAY COOKIES 3:30 PM CHAIR DANCING  Ugly Sweater D</p>	<p><b>24</b></p> <p>9:30 AM BERT'S CURRENT EVENTS AND DAILY CHRONICLE 10:00 AM EXERCISE PROGRAM 10:30 AM BALL TOSS 11:00 AM SNACK/HYDRATION 11:30 AM SHORT STORY: A KIDNAPPED SANTA CLAUS 1:30 PM BINGO 2:30 PM EGG NOG AND "THE GOOD FAIRY" 3:30 PM AFTERNOON STRETCH</p>	<p><b>25</b></p> <p>10:00 AM PRIORITY ONE EXERCISE 11:00 AM SNACK/HYDRATION 11:30 AM DEVOTIONAL: <b>SPECIAL CHRISTMAS LUNCH</b> 12:30 PM BINGO 1:30 PM FRIDAY FOLLIES: HOT CHOCOLATE AND FUNNY CHRISTMAS POEMS  Christmas</p>	<p><b>26</b></p> <p>10:00 AM MORNING EXERCISE 10:45 AM SNACK/HYDRATION 11:00 AM PENCIL ART 2:30 PM BINGO 3:30 PM SHARON'S SHORT STORIES 4:00 PM JIGSAW PUZZLES</p>
<p><b>27</b></p> <p>10:15 AM MORNING EXERCISE 10:30 AM NOODLEBALL 11:00 AM COVENANT CHURCH (TV) 11:00 AM SNACK/HYDRATION 1:30 PM DEVOTIONAL 2:00 PM HYMNS 2:30 PM AFTERNOON STRETCH 3:00 PM BLOCKS AND PUZZLES 3:30 PM VISIT AND CHAT</p>	<p><b>28</b></p> <p>9:30 AM BERT'S CURRENT EVENTS AND DAILY CHRONICLE 10:00 AM EXERCISE PROGRAM 10:30 AM PARACHUTE 11:00 AM SNACK/HYDRATION 11:30 AM TRIVIA 1:30 PM BINGO 2:30 PM MINDJOGGERS 3:30 PM CHAIR ZUMBA GOLD 6:30 PM MOVIE: ROBIN HOOD OF THE PECOS</p>	<p><b>29</b></p> <p>9:30 AM BERT'S CURRENT EVENTS AND DAILY CHRONICLE 10:00 AM MORNING DEVOTIONAL 10:30 AM HYMNS 11:00 AM SNACK/HYDRATION 11:30 AM CRAFTS: MASQUERADE MASKS 1:30 PM BINGO 2:30 PM NOSH AND LEARN: FRUIT NUT CUPS &amp; YOGART NEW YEAR'S TRADITIONS 3:30 PM AFTERNOON STRETCH</p>	<p><b>30</b></p> <p>9:30 AM BERT'S CURRENT EVENTS AND DAILY CHRONICLE 10:00 AM EXERCISE PROGRAM 10:30 AM NOODLEBALL 11:00 AM SNACK/HYDRATION 11:30 AM SING-A-LONG 1:30 PM BINGO 2:30 PM MATCH/SORT 3:30 PM CHAIR DANCING</p>	<p><b>31</b></p> <p>9:30 AM BERT'S CURRENT EVENTS AND DAILY CHRONICLE 10:00 AM EXERCISE PROGRAM 10:30 AM <b>NEW YEAR'S EVE MASQUERADE BALL</b> 1:30 PM BINGO 2:30 PM ICE CREAM SOCIAL BANANA SPLITS AND RESOLUTIONS 8:00 PM NEW YEAR'S ROCKIN EVE (ABC)  New Year's Eve</p>		