

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2020

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
						1 10:00 AM EXERCISE PROGRAM 10:30 AM NOODLEBALL 11:00 AM NEW YEAR'S RESOLUTIONS 2:00 PM BINGO! 4:00 PM ROSE BOWL GAME		2 9:30 AM EXERCISE PROGRAM 10:00 AM SHARON'S SHORT STORIES 11:00 AM OLD/NEW TESTAMENT TALKS 1:30 PM BINGO 2:30 PM DAILY CHRONICLES 3:00 PM CHAIR ZUMBA 4:00 PM LEARN RUMMIKUB 6:30 PM JOHN'S EVENING MOVIE		3 9:15 AM COMMUNION SERVICE 10:00 AM SITTERCIZE 11:00 AM HISTORY: UNDERSTANDING THE IMPEACHMENT PROCESS 1:30 PM BINGO! 2:30 PM DAILY CHRONICLES 3:00 PM FRIDAY FOLLIES: BOWLING 4:00 PM TABLE GAMES 6:30 PM FRIDAY NIGHT MOVIE		4 10:00 AM MORNING EXERCISE 10:30 AM CATEGORY BALL 11:30 AM PAINT BY NUMBERS 1:15 PM BINGO 3:00 PM SHORT STORIES 3:30 PM AFTERNOON STRETCH	
						New Year's Day							
5 10:00 AM PRESBYTERIAN CHURCH SERVICE 11:00 AM COFFEE WITH FRIENDS 2:00 PM DEVOTIONAL WITH MARY HELEN 2:30 PM HYMNS AND SONGS 3:00 PM ICE CREAM SOCIAL 3:30 PM AFTERNOON STRETCH		6 9:30 AM EXERCISE PROGRAM 10:00 AM CRAFTS WITH YENNY IN KENSINGTON 11:30 AM SING-A-LONG 1:30 PM BINGO 3:00 PM WORD GAMES AND PUZZLES 3:30 PM AFTERNOON STRETCH IN KENSINGTON 4:30 PM TABLE GAMES 6:30 PM JOHN'S EVENING MOVIE		7 9:30 AM DEVOTIONAL WITH ROGER 10:00 AM MORNING EXERCISE 11:15 AM SING-A-LONG WITH FRIENDS 1:30 PM BINGO 2:30 PM DAILY CHRONICLES 3:00 PM SHORT STORIES: "BIG MYSTERY IN SMALL TOWN TEXAS" 4:00 PM TABLE GAMES 6:30 PM JOHN'S EVENING MOVIE		8 9:30 AM EXERCISE PROGRAM 10:30 AM MINI MAN'S WITH MELISSA 1:30 PM BINGO 2:30 PM ELVIS SING-A-LONG AND COSTUME PARTY 4:00 PM AFTERNOON STRETCH 6:30 PM JOHN'S EVENING MOVIE ELVIS' BIRTHDAY Happy Birthday, Jean Ann Dirks Happy Birthday, Ruth Spivak		9 9:30 AM EXERCISE PROGRAM 10:00 AM SHARON'S SHORT STORIES 11:00 AM ART, ETC: SAND ART 1:30 PM BINGO 2:30 PM DAILY CHRONICLES 3:00 PM CHAIR TAI CHI AND YOGA 4:00 PM LEARN RUMMIKUB 6:30 PM JOHN'S EVENING MOVIES		10 9:15 AM COMMUNION SERVICE 10:00 AM SITTERCIZE 11:00 AM ARMCHAIR TRAVELS CHINA VACATION BINGO! RESIDENT BIRTHDAY PARTY WITH RODNEY RASBERRY 2:30 PM TABLE GAMES 4:00 PM FRIDAY NIGHT MOVIE		11 10:00 AM MORNING EXERCISE 10:30 AM NOODLEBALL 11:30 AM PENCIL ART 1:15 PM BINGO 3:00 PM SHORT STORIES 3:30 PM AFTERNOON STRETCH	
12 10:00 AM PRESBYTERIAN CHURCH SERVICE 11:00 AM COFFEE WITH FRIENDS 2:00 PM DEVOTIONAL WITH MARY HELEN 2:30 PM HYMNS AND SONGS 3:00 PM ICE CREAM SOCIAL 3:30 PM AFTERNOON STRETCH		13 9:30 AM EXERCISE PROGRAM 10:00 AM CRAFTS WITH YENNY 11:00 AM HISTORY: CHINESE NEW YEAR-THE YEAR OF THE RAT 1:30 PM BINGO 2:30 PM DAILY CHRONICLES 3:00 PM ICE CREAM SOCIAL WITH HOME HEALTH PROFESSIONALS 4:00 PM AFTERNOON STRETCH 6:30 PM JOHN'S EVENING MOVIE Happy Birthday, Betty Powell		14 9:30 AM DEVOTIONAL WITH ROGER 10:00 AM MORNING EXERCISE 10:30 AM BRIGHT & BEAUTIFUL THERAPY DOGS 11:15 AM SING-A-LONG WITH FRIENDS NOON STAFF WEBINAR 1:30 PM BINGO 2:30 PM DAILY CHRONICLES 3:00 PM SHORT STORIES: "TO BUILD A FIRE" 4:00 PM TABLE GAMES 6:30 PM JOHN'S EVENING MOVIE		15 9:30 AM EXERCISE PROGRAM 10:30 AM PARACHUTE GAME 11:00 AM OUTING: KENNY & ZIGGY'S 1:30 PM BINGO 2:30 PM COOKING DEMO WITH ASHLEY 4:00 PM AFTERNOON STRETCH 6:30 PM JOHN'S EVENING MOVIE		16 9:30 AM EXERCISE PROGRAM 10:00 AM SHARON'S SHORT STORIES 11:00 AM OLD/NEW TESTAMENT TALKS BINGO 1:30 PM DAILY CHRONICLES 2:30 PM CHAIR ZUMBA 3:00 PM LEARN RUMMIKUB 4:00 PM JOHN'S EVENING MOVIE VOTER REGISTRATION AND VOTE BY MAIL RENEWAL		17 10:00 AM ST. JUSTIN MASS 11:00 AM ARMCHAIR TRAVELS: NAT'L GEO - GREAT WALL OF CHINA BINGO! 2:30 PM DAILY CHRONICLES 3:00 PM CHAIR ZUMBA 4:00 PM LEARN RUMMIKUB 6:30 PM JOHN'S EVENING MOVIE		18 10:00 AM MORNING EXERCISE 10:30 AM CATEGORY BALL 11:30 AM PAINT BY NUMBERS 1:15 PM BINGO 3:00 PM SHORT STORIES 3:30 PM AFTERNOON STRETCH	
19 10:00 AM PRESBYTERIAN CHURCH SERVICE 11:00 AM COFFEE WITH FRIENDS 2:00 PM DEVOTIONAL WITH MARY HELEN 2:30 PM HYMNS AND SONGS 3:00 PM ICE CREAM SOCIAL 3:30 PM AFTERNOON STRETCH Activity Professionals Week		20 9:30 AM EXERCISE PROGRAM 10:00 AM CRAFTS WITH YENNY 11:00 AM HISTORY: MARTIN LUTHER KING, JR. 1:30 PM BINGO 2:30 PM DAILY CHRONICLES 3:00 PM MINDJOGGERS 4:00 PM AFTERNOON STRETCH 6:30 PM JOHN'S EVENING MOVIE Martin Luther King Day		21 9:30 AM DEVOTIONAL WITH ROGER 10:00 AM MORNING EXERCISE 11:15 AM MUSIC THERAPY WITH PAM HAYNIE 1:30 PM BINGO 2:30 PM DAILY CHRONICLES 3:00 PM SHORT STORIES: "A VERY OLD MAN WITH ENORMOUS WINGS" 4:00 PM TABLE GAMES 6:30 PM JOHN'S EVENING MOVIE		22 9:30 AM EXERCISE PROGRAM 10:00 AM PARACHUTE GAME 11:00 AM OUTING: YAO'S CHINESE RESTAURANT 1:30 PM BINGO 3:00 PM DRAGON PARADE AND CHOPSTICK CHALLENGE 4:00 PM AFTERNOON STRETCH 6:30 PM JOHN'S EVENING MOVIE		23 9:30 AM EXERCISE PROGRAM 10:00 AM SHARON'S SHORT STORIES 11:00 AM ART, ETC: CHINESE BLOSSOM BINGO 1:30 PM DAILY CHRONICLES 2:30 PM CHAIR TAI CHI AND YOGA 3:00 PM LEARN RUMMIKUB 4:00 PM JOHN'S EVENING MOVIES		24 9:15 AM COMMUNION SERVICE 10:00 AM SITTERCIZE 11:00 AM ARMCHAIR TRAVELS: CHINESE ART AND PAINTINGS BINGO! 1:30 PM DAILY CHRONICLES 2:30 PM FRIDAY FOLLIES: SCAVENGER HUNT 3:00 PM TABLE GAMES 4:00 PM FRIDAY NIGHT MOVIE		25 10:00 AM MORNING EXERCISE 10:30 AM NOODLEBALL 11:00 AM ALLIANCE OF THERAPY DOGS MOVIE: "A WRINKLE IN TIME" 1:15 PM BINGO 3:00 PM SHORT STORIES 3:30 PM AFTERNOON STRETCH Chinese New Year	
26 10:00 AM PRESBYTERIAN CHURCH SERVICE 11:00 AM COFFEE WITH FRIENDS 2:00 PM DEVOTIONAL WITH MARY HELEN 2:30 PM HYMNS AND SONGS 3:00 PM ICE CREAM SOCIAL 3:30 PM AFTERNOON STRETCH		27 9:30 AM EXERCISE PROGRAM 10:00 AM CRAFTS WITH YENNY 11:00 AM HISTORY: CHINA - DYNASTIES OF POWER 1:30 PM BINGO 2:30 PM DAILY CHRONICLES 3:00 PM MINDJOGGERS 4:00 PM AFTERNOON STRETCH 6:30 PM JOHN'S EVENING MOVIE Happy Birthday, John Rainwater Happy Birthday, Betty McKinney		28 9:30 AM DEVOTIONAL WITH ROGER 10:00 AM MORNING EXERCISE 11:15 AM SING-A-LONG WITH FRIENDS 1:30 PM BINGO 2:30 PM DAILY CHRONICLES 3:00 PM THEATER PLAYERS: "HOME ON THE RANGE" 4:00 PM TABLE GAMES 6:30 PM JOHN'S EVENING MOVIE		29 9:30 AM EXERCISE PROGRAM 10:00 AM PARACHUTE GAME 11:00 AM PENCIL ART 1:30 PM BINGO 2:30 PM RESIDENT COUNCIL MEETING 4:00 PM AFTERNOON STRETCH 6:30 PM JOHN'S EVENING MOVIE		30 9:30 AM EXERCISE PROGRAM 10:00 AM SHARON'S SHORT STORIES 11:00 AM ART, ETC: VALENTINE CARDS BINGO 1:30 PM DAILY CHRONICLES 2:30 PM CHAIR ZUMBA 3:00 PM LEARN RUMMIKUB 4:00 PM JOHN'S EVENING MOVIE		31 9:15 AM COMMUNION SERVICE 10:00 AM SITTERCIZE 11:00 AM ARMCHAIR TRAVELS: WASHINGTON, DC BINGO! 1:30 PM DAILY CHRONICLES 2:30 PM FRIDAY FOLLIES: CORN HOLE 3:00 PM TABLE GAMES 4:00 PM Happy Birthday, Yvonne Ashburn Happy Birthday, OR Cook Happy Birthday, Hermarae Messina			