

The Abbey at Westminster Plaza
 2865 Westminster Plaza Dr.
 Houston, Texas 77082



"Changing lives, one resident at a time."

January



2012

2865 Westminster Plaza Dr. Houston, TX 77082

281-556-6020

www.abbeyup.com



*A note from the Executive Director:
 Can you believe that another year has gone by? It just seems that once November starts, you blink twice, and the next year is here! If you have not heard, I would like to announce that Steven Nastasi will be joining us once again. For those of you who know Steven, he needs no introduction. And for those of you who don't, Steven joins us with a wealth of experience in Assisted Living and Memory Care, a passion for working with seniors, and an overall wonderful sense of humor that we are looking forward to enjoying once again. Welcome Home Steven!* —Jeny

Your Friendly Abbey Staff...

*Jeny Knight, CALA, LNFA
 Executive Director*

*Barbara McMahan-Cage
 Leasing Director*

*Nancy Gachman
 Marketing Director*

*Sterlann Brown
 Wellness Manager*

*Veronica Ramirez
 Activity Director*

*Manuel Quellar
 Maintenance Director*

*Charmayne Goodluck
 Food Service Director*



Happy January Birthdays!

Reva Cohen	4th
Charlotte Pruiett	7th
Jean Ann Dirks	8th
Genevieve Ely	12th
Vivian Tucker	12th
Claire Newbold	13th
JoAnn McIntyre	15th
B.J. Young	15th
Vincent Thomas	29th

Please join us on January 6th for our monthly birthday party. Entertainment provided by Curt Nickelson.



**From our Family to yours,
 Happy New Year!**

For more information regarding The Abbey, please call Nancy Gachman at 281-556-6020 to schedule your personalized tour and lunch.

ALF# 100256



Christmas Party 2011



Even Santa Claus couldn't stay away from our Holiday party! Thank you to all of our families who helped make it such a wonderful success. If your Santa picture is not in the newsletter, please stop by the front desk to pick up a copy.



Listening to the Spring H.S. Orchestra was simply the best! Thank you!



Watch out Lady GaGa and Taylor Swift.....our Kensington Band is slowly climbing the billboard charts!

