



July 2010



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|--|--|---|--|
| <p>The Abbey at Westminster Plaza Assisted Living & Memory Care 2865 Westminster Plaza Dr. Houston, Texas 77082 281-556-6020 www.abbeywp.com</p> | | | | <p>1 10:30 Landry's and Health Museum 10:45 Fitness 3:30 Pokeno 6:30 Left, Right, Center</p> | <p>2 10:00 Daily Devotional 10:45 Fitness w/ Pat 2:00 Table Games 3:30 July Birthday Party with Ron Bunch</p> | <p>3 10:45 Fitness with Jessica 2:00 Scrabble Championship 2:30 Bingo 3:30 NHS Piano Entertainment</p> |
| <p>4 Happy 4th of July 10:45 Family Day 1:00 Sunday Matinee 2:00 Bingo 3:00 Church Service</p> | <p>5 10:00 Daily Devotional 10:45 Sit n Be Fit 2:00 Movie & Popcorn 3:30 Bingo</p> | <p>6 8:30 Trip to San Antonio 10:00 Roger's Devotional 10:45 Chair Yoga 6:30 Skipbo on 2nd Floor</p> | <p>7 9:30 Wal-Mart 10:00 Daily Devotional 10:45 Fitness w/ Pat 2:30 Yum!Yum! 3:30 Bingo 6:30 Dominoes</p> | <p>8 10:00 Daily Devotional 10:45 Fitness w/ Pat 2:00 Table Games 3:30 Bingo 6:30 Left, Right, Center</p> | <p>9 Hawaiian Day 10:00 Daily Devotional 10:45 Fitness w/ Pat 2:00 Table Games 3:30 Bingo</p> | <p>10 10:45 Fitness with Jessica 2:00 Bingo 3:30 NHS Music Tunes</p> |
| <p>11 10:45 Family Day 1:00 Sunday Matinee 2:00 Bingo 3:00 Church Service 3:30 Charlotte Henson Gospel Music</p> | <p>12 Twin Day 10:00 Daily Devotional 10:45 Sit n Be Fit 2:00 Movie & Popcorn 3:30 Pokeno</p> | <p>13 10:00 Roger's Devotional 10:45 Video Fitness 2:00 Table Games 3:00 MYO Fruit Salad 3:30 Bingo 6:30 Skipbo on 2nd Floor</p> | <p>14 9:30 Wal-Mart 10:00 Daily Devotional 10:45 Sittercise 2:00 The Tire Swing By: Nancy Fuller 3:30 Pokeno</p> | <p>15 10:00 Daily Devotional 10:45 Fitness 11:00 Lunch at McCormick & Schmick's 2:00 Concentration 3:30 Bingo 6:30 Left, Right, Center</p> | <p>16 10:00 St. Justin's Anointing of Sick & Communion 10:45 Fitness w/ Pat 2:00 Arts and Crafts 3:30 Music with Jan Ross</p> | <p>17 10:45 Fitness with Jessica 11:00 Scrabble 2:30 Word Search 3:30 Hawaiian Dancers</p> |
| <p>18 10:45 Family Day 1:00 Sunday Matinee 2:00 Bingo 3:00 Church Service</p> | <p>19 Mix & Match Day 10:00 Daily Devotional 10:45 Sit n Be Fit 2:00 Movie & Popcorn 3:30 Pokeno</p> | <p>20 10:00 Roger's Devotional 10:45 Video Fitness 2:30 L.R.C. Game 3:00 Tom Hanks by: Jessica 3:30 Bingo 6:30 Skipbo on 2nd Floor</p> | <p>21 9:30 Wal-Mart 10:00 Daily Devotional 10:45 Chair Yoga 2:30 <u>Man on Moon</u> <u>Anniversary by: Ms. Greene</u> 3:30 Pokeno</p> | <p>22 10:00 Daily Devotional 10:30 Lunch at Joe's 10:45 Fitness w/ Pat 3:30 Bingo 6:30 Left, Right, Center</p> | <p>23 10:00 Resident Council 10:45 Fitness 2:00 Person, Place & Thing Trivia 3:30 Honey Hands and Jazz Music</p> | <p>24 10:45 Fitness with Jessica 2:00 <u>Quilt Odyssey by: Velma Polk</u> 3:00 Ice Coffee and Soft Jazz</p> |
| <p>25 10:45 Family Day 1:00 Sunday Matinee 2:00 Bingo 3:00 Church Service</p> | <p>26 Sports Wear Day 10:00 Daily Devotional 10:45 Sittercise 2:00 Word Search 3:30 Pokeno</p> | <p>27 10:00 Roger's Devotional 10:45 Video Fitness 2:45 Hand Aromatherapy 3:30 Bingo 6:30 Skipbo on 2nd Floor</p> | <p>28 Peaches Day 9:30 Wal-Mart 10:00 Daily Devotional 10:45 Fitness w/ Pat 2:30 Table Scrabble 3:30 Pokeno</p> | <p>29 10:00 Daily Devotional 10:30 Lunch at Smash Burger 10:45 Fitness 3:30 Bingo 6:30 Left, Right, Center</p> | <p>30 10:00 Daily Devotional 10:45 Fitness w/ Pat 2:00 Table Games 3:30 Hobson Smith</p> | <p>31 10:45 Fitness with Jessica 2:00 Table Games 3:00 Bingo</p> |

*** All activities are subject to change***